



# **Rising Pre-K 4 Summer Packet**

## **For Preschoolers Entering Pre-Kindergarten (Pre-K 4)**

**Daily Skills Practice (Use 10-15 minutes a day)**

### **Alphabet Fun**

1. Trace and Say Letters: Uppercase and lowercase (A-Z)
2. Letter Hunt: Circle all the A's in a magazine or newspaper
3. Name Practice: Write first name with proper case (e.g., Olivia, not OLIVIA)
4. READ READ READ!

### **Numbers and Counting**

1. Count to 20 out loud
2. Number Tracing (1-10)
3. READ books with numbers in them.
4. Count everywhere and everything!

### **Fine Motor & Writing**

1. Scissor Skills: Practice cutting on lines, shapes
2. Pre-Writing Lines: Vertical, horizontal, zigzag, and curves
3. Coloring Pages: Stay within the lines
4. Play with playdoh to help make those fingers stronger.



# Fine Motor and Letter Practice for Home

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Hand skills are crucial to successful handwriting. Small movements of the hand are referred to as fine motor skills. If you believe that your child needs extra activities to strengthen his/her hands or fine motor skills, here are a few suggestions of activities to do with your child.

- Do finger plays. Find books with finger plays at your library.
- Cut pictures from newspapers or magazines. Take a large black marker and draw a line around the picture to give a guideline.
- Put together small beads, Legos, Tinker Toys, Lincoln Logs, etc.
- Knead dough or clay and build an object.
- Find small objects hidden in the dough.
- Play pegboard games.
- Gather small objects from around the house (small buttons, beads, etc.) and place them in a container. Pick them up off the table with a pair of tweezers and place them back in the container.
- Play with any toys that require moving or placing little pieces.
- Squirt a water bottle outdoors on the sidewalk.
- Squeeze a kitchen baster to move cotton balls with air. Have a race on the table.
- Finger paint with Jell-O or cocoa on a paper plate.
- Use small marshmallows and toothpicks to form letters.
- String popcorn, buttons, or beads to make necklaces.
- Create a design on a piece of paper with a hole punch.
- Clip clothespins to a container.
- Lace cards.



You can do several fun activities at home to encourage letter practice. Make sure to always model the letter for your child. A few activities are listed below:

- While your child is in the bathtub, draw letters on the wall of the tub in shaving cream or soap paint.
- Take turns tracing letters on each other's backs and guess the letter. (Write the letter on a piece of paper.)
- Finger paint letters.
- Write letters on the sidewalk with chalk.
- Trace letters in the snow or in the sand.
- Form letters out of dough or clay.
- Make cookie letters. Form the letters by rolling the dough and putting the pieces together.
- Form letters out of French fries.
- Make letters with pipe cleaners.
- Draw letters on the carpet with your fingers.
- Decorate a letter collage using glitter, paint, and markers.
- Use different types of pencils for writing practice (gel pens, colored pencils, scented markers, crayons, etc.).
- Write your shopping lists together.
- Use a flashlight and make letters on the wall. Guess the letter that was made. Cut out letter templates to place in front of the flashlight.
- Put letters on a die. Roll the die and write a word that starts with the letter.
- Fish for words. Place cut-out fish in a shoebox. Write words or letters on the fish. Attach paper clips to the fish and adapt a small pole with a magnet. Come up with a word or sentence using the letter or word on the fish that is caught.
- Write with icing tubes.

# SENSORY BIN ACTIVITIES

Creating sensory bins is a fantastic way to engage children in hands-on, explorative play. Here's a list of sensory bin suggestions for containers, fillers, fine motor tools, and hidden items.

**Containers:** Any medium or large plastic tub or sturdy cardboard box

**Fillers:** Sensory bins need engaging fillers that provide lots of tactile stimulation for your child. Here are some of our favorite sensory bin fillers.

- Yarn
- Water Beads
- PomPoms
- Aquarium Rocks
- Sand (Kinetic or real sand)
- Potting Soil
- Dried beans or peas
- Water
- Rice
- Shredded Paper
- Bird Seed

**Fine Motor Tools:** These will help your preschoolers to build strong finger muscles as they explore the sensory bin. Here are a few ideas.

- Tongs
- Measuring cups
- Clothes pins
- Spoons or scoops
- Mini shovels
- Tweezers (small or large)
- Whisks

**Hidden Items:** These are small items that children can find in the filler by using the fine motor tools. Here are a few ideas.

- Small plastic toys
- Small alphabet letters
- Coins (pennies, nickels, dimes, quarters)
- Small rocks or aquarium stones

You can also create a paper with alphabet letters, numbers, money etc. Children can find the hidden object and match it to the paper.

This list definitely not the end all, be all of fillers. Anything that stimulates the senses will work. Think various tastes, scents, sounds, colors, and textures (squishy, bumpy, fuzzy, crinkly, slick etc.)

Each of these sensory bin activities provides a unique opportunity for sensory exploration and fine motor skill development, ensuring playtime is both educational and fun!

# I can write my name

Write students name in highlighter and have them trace over their name with a pencil.



Handwriting practice lines consisting of multiple rows of solid blue top and bottom lines with a dashed red middle line.

Name: \_\_\_\_\_

# MATCH THE LETTERS

Draw lines to match the capital letters to the lower case letters.

A ●

● h

B ●

● g

C ●

● i

E ●

● f

D ●

● d

F ●

● a

G ●

● c

H ●

● e

I ●

● b

Name: \_\_\_\_\_

# MATCH THE LETTERS

Draw lines to match the capital letters to the lower case letters.

J ●

● m

K ●

● o

L ●

● n

M ●

● q

N ●

● r

O ●

● j

P ●

● l

Q ●

● k

R ●

● p

Name: \_\_\_\_\_

# MATCH THE LETTERS

Draw lines to match the capital letters to the lower case letters.

S ●

● t

T ●

● v

U ●

● z

V ●

● x

W ●

● w

X ●

● y

Y ●

● u

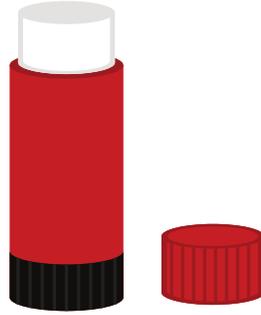
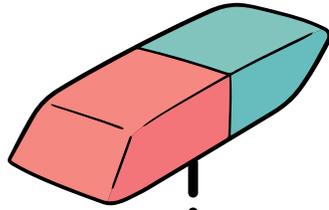
Z ●

● s

Name: \_\_\_\_\_

# SCISSOR SKILLS

Carefully practice your scissor skills cutting from the bottom to the school supplies shown.



Name: \_\_\_\_\_

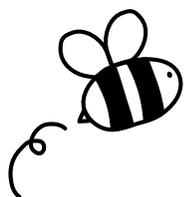
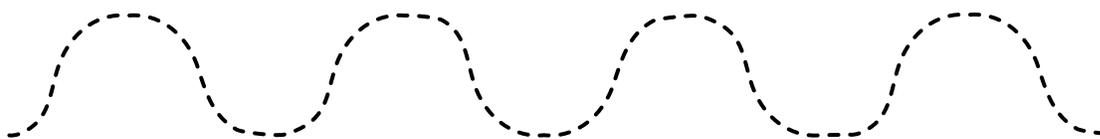
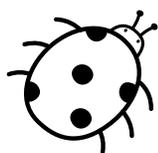
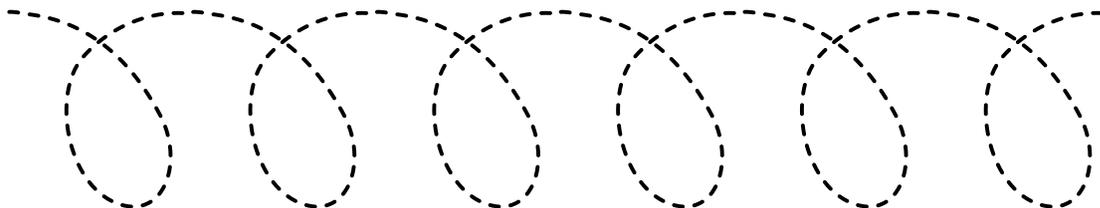
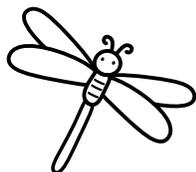
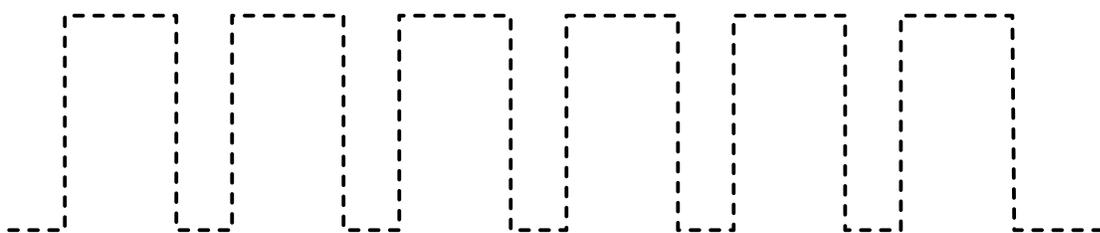
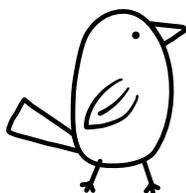
# SCISSOR SKILLS

Carefully practice your scissor skills cutting from the bottom to the stop sign.



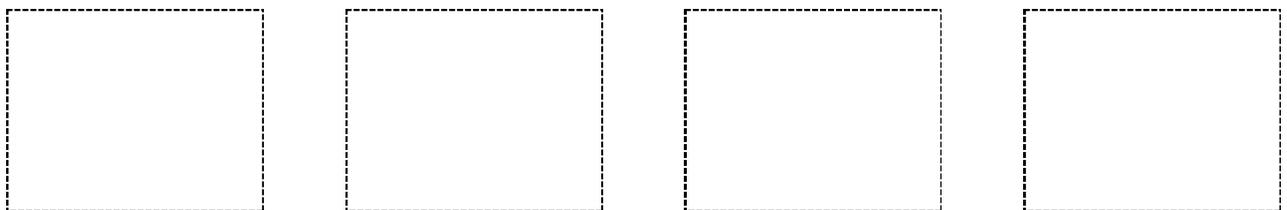
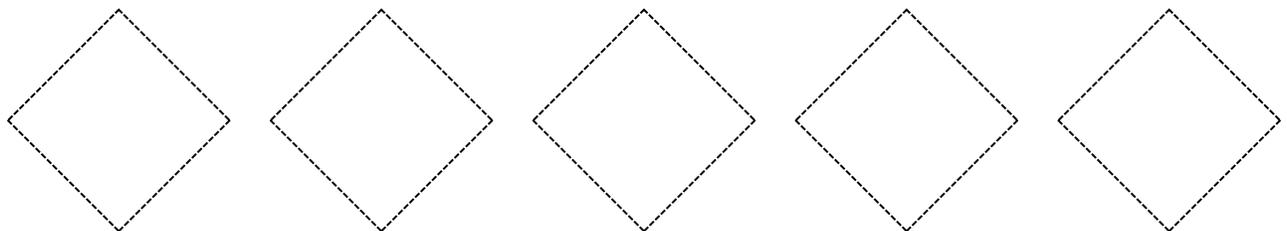
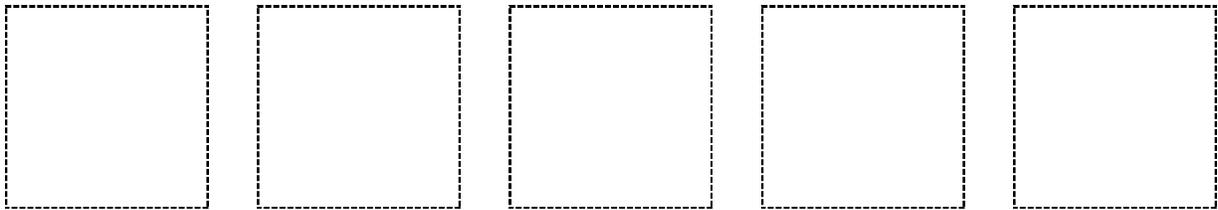
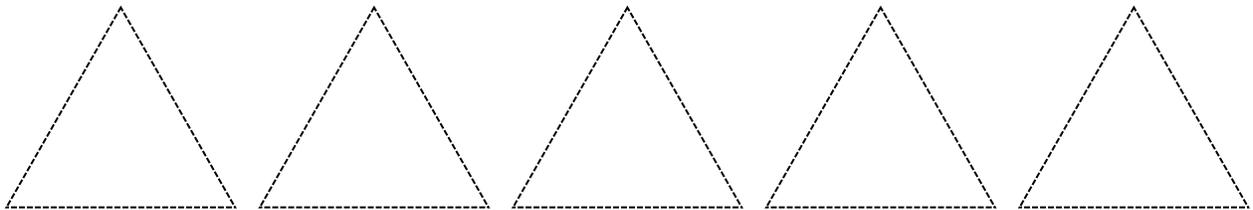
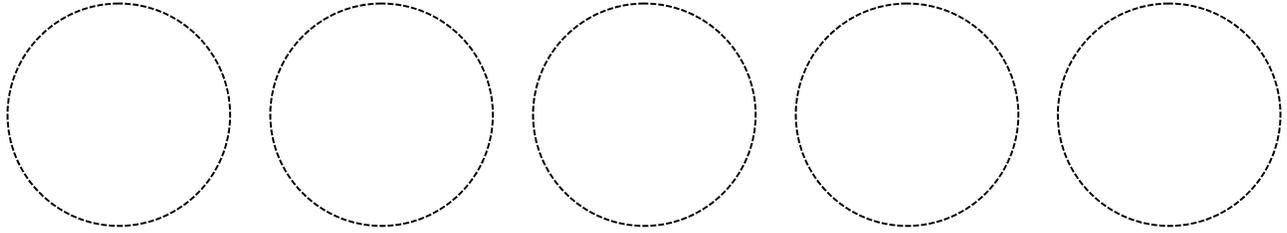
Name: \_\_\_\_\_

# Line Tracing



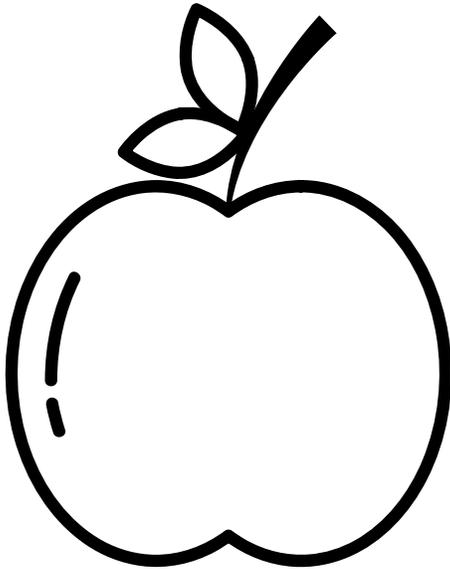
# Shapes Tracing

Trace the shapes below.

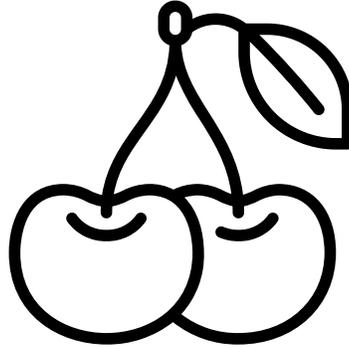


Please help your child to color the pictures the correct color and to focus on staying in the lines. Practicing staying in the lines help to work on fine motor skills.

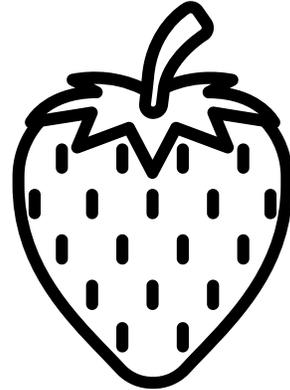
# Red



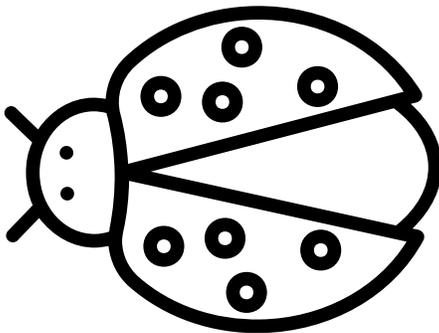
Apple



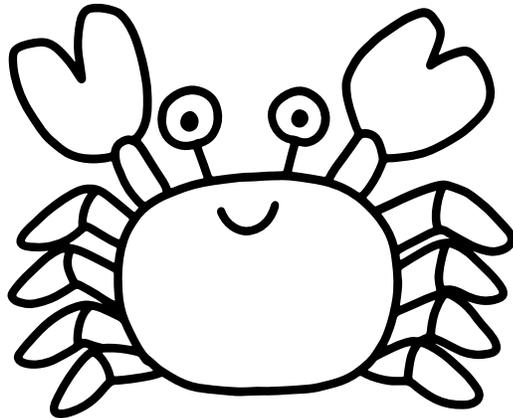
Cherries



Strawberry



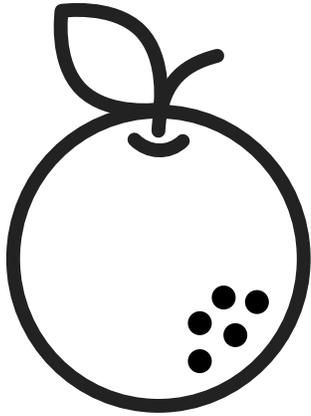
Ladybug



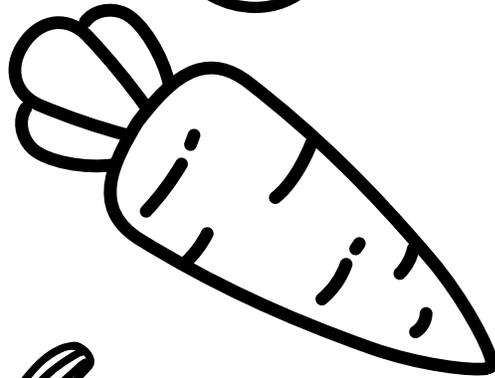
Crab

Please help your child to color the pictures the correct color and to focus on staying in the lines. Practicing staying in the lines help to work on fine motor skills.

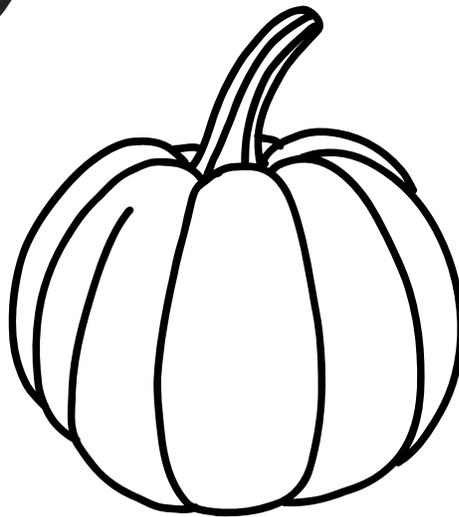
# Orange



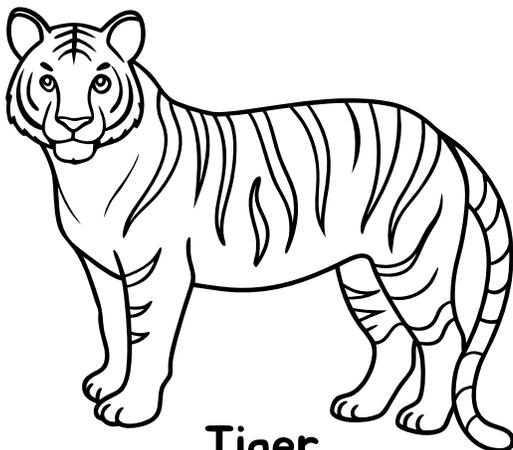
Orange



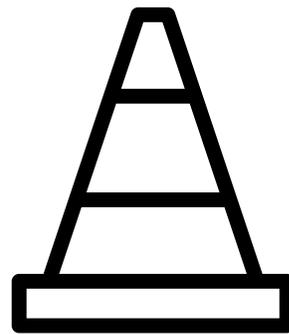
Carrot



Squash



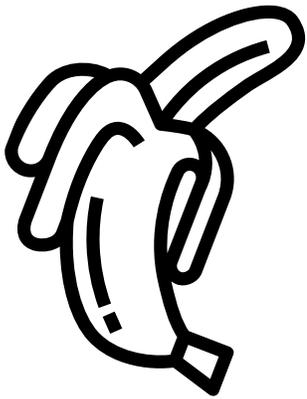
Tiger



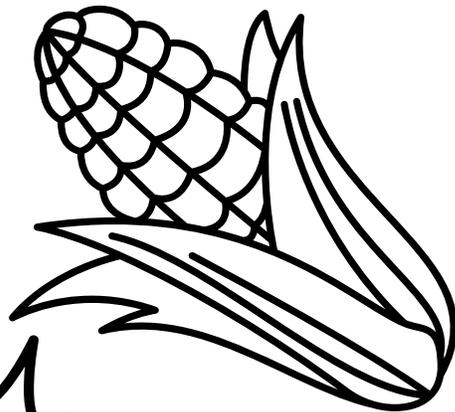
Traffic Cone

Please help your child to color the pictures the correct color and to focus on staying in the lines. Practicing staying in the lines help to work on fine motor skills.

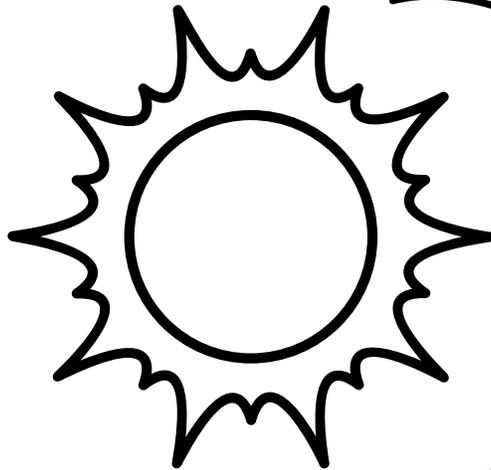
# Yellow



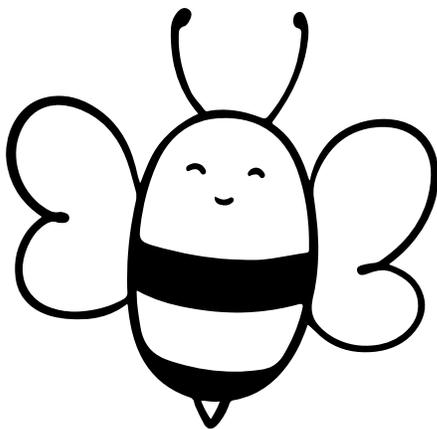
Banana



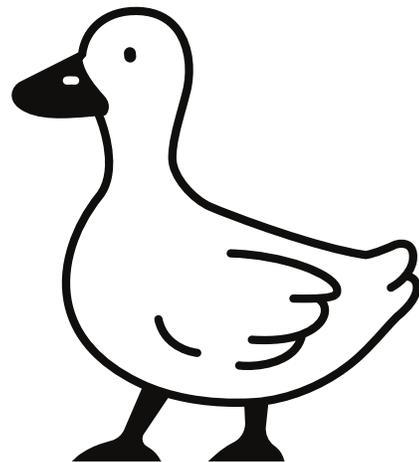
Corn



Sun



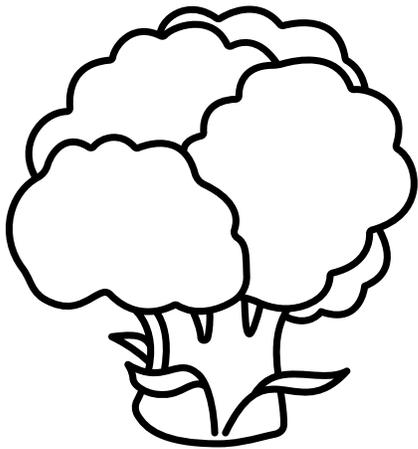
Bee



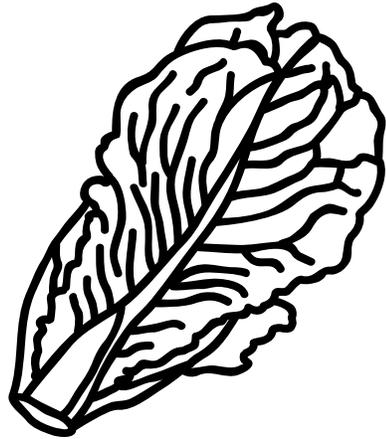
Duck

Please help your child to color the pictures the correct color and to focus on staying in the lines. Practicing staying in the lines help to work on fine motor skills.

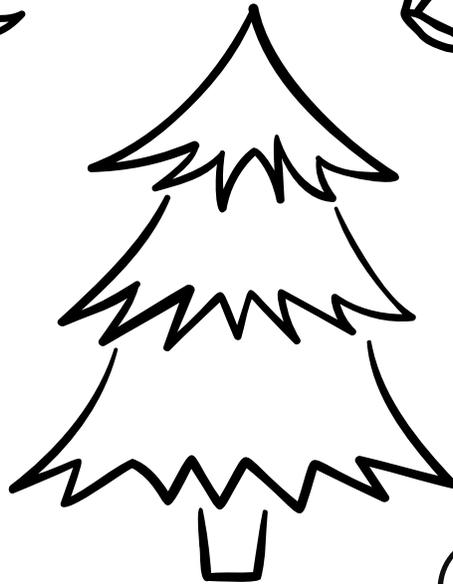
# Green



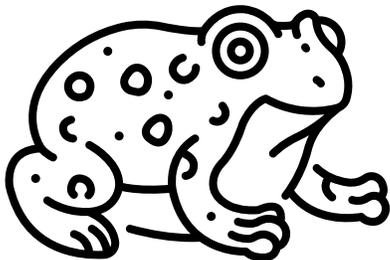
Broccoli



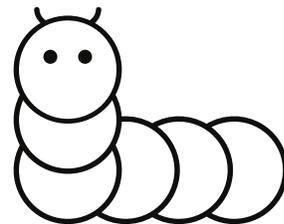
Lettuce



Tree



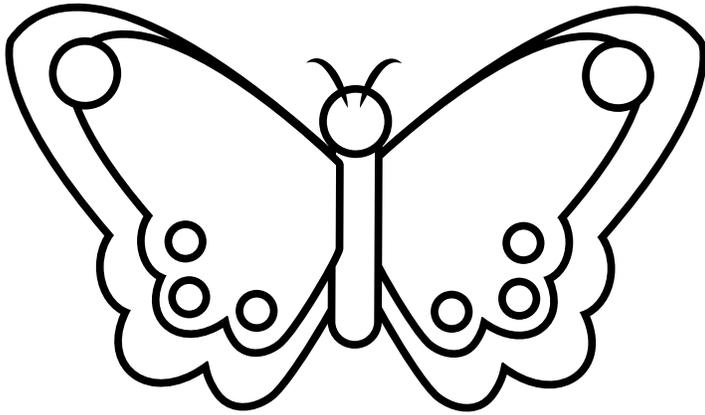
Frog



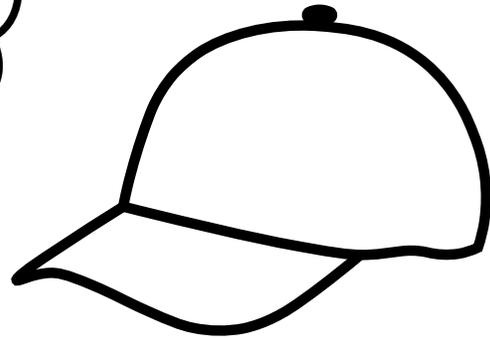
Caterpillar

Please help your child to color the pictures the correct color and to focus on staying in the lines. Practicing staying in the lines help to work on fine motor skills.

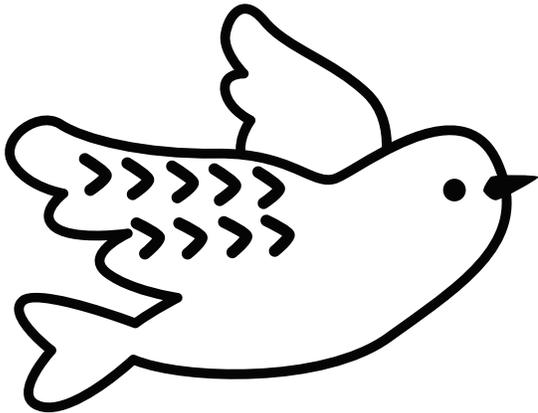
# Blue



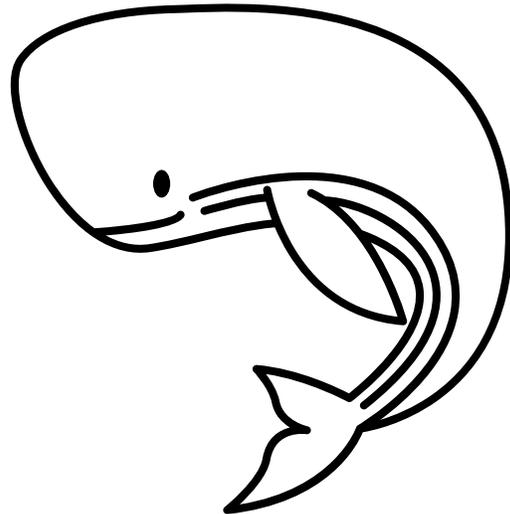
Butterfly



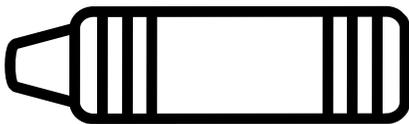
Cap



Bird



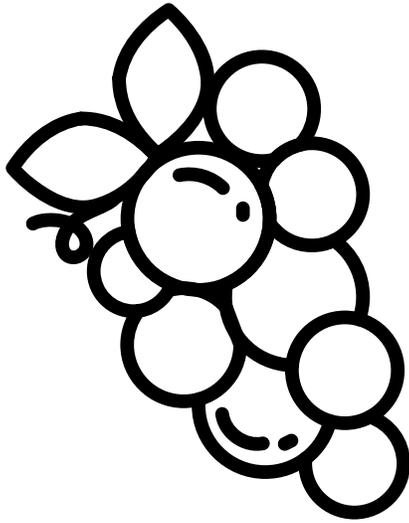
Whale



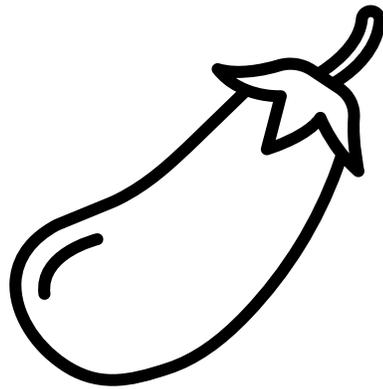
Crayon

Please help your child to color the pictures the correct color and to focus on staying in the lines. Practicing staying in the lines help to work on fine motor skills.

# Violet



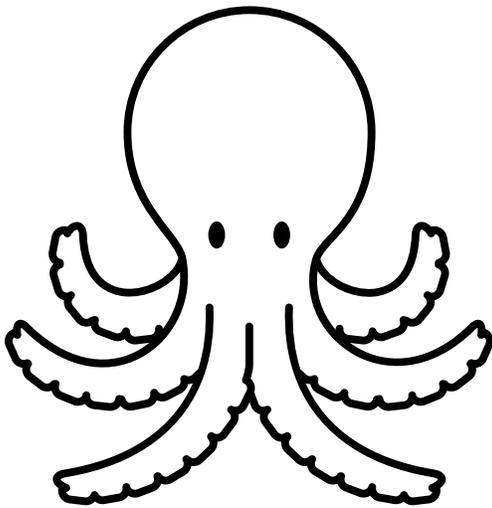
Grapes



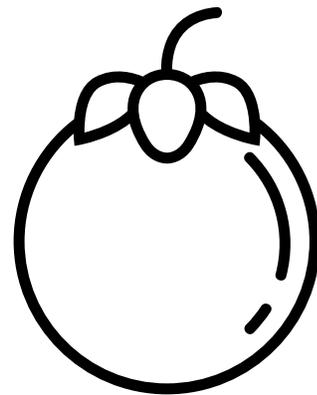
Eggplant



Lavender



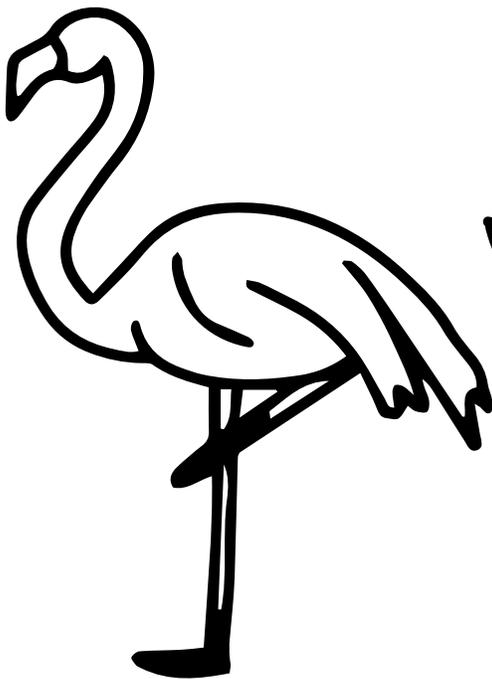
Octopus



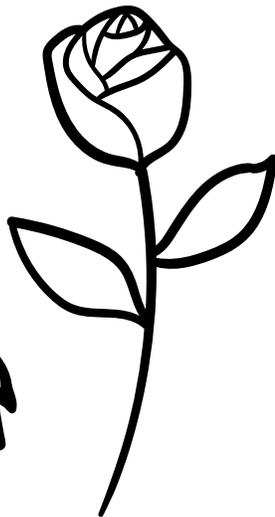
Mangosteen

Please help your child to color the pictures the correct color and to focus on staying in the lines. Practicing staying in the lines help to work on fine motor skills.

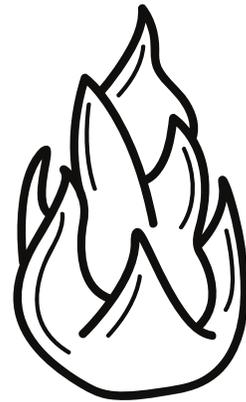
# Pink



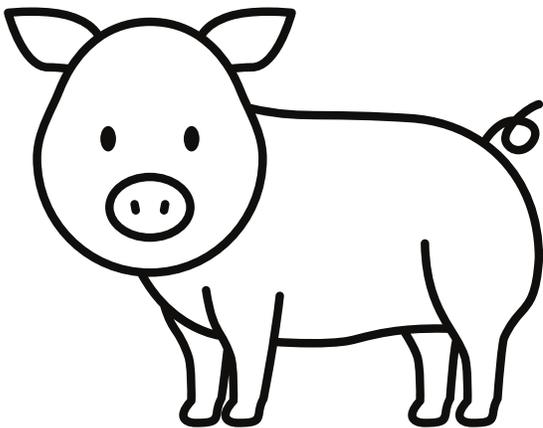
Flamingo



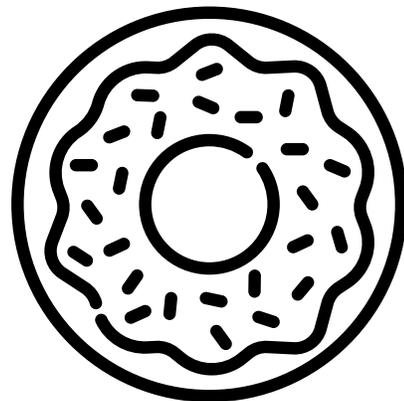
Rose



Dragon fruit



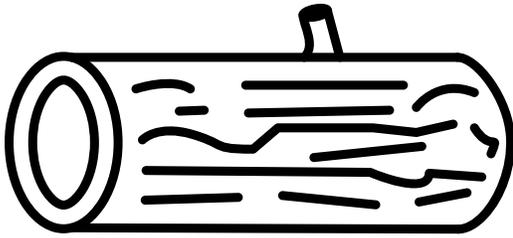
Pig



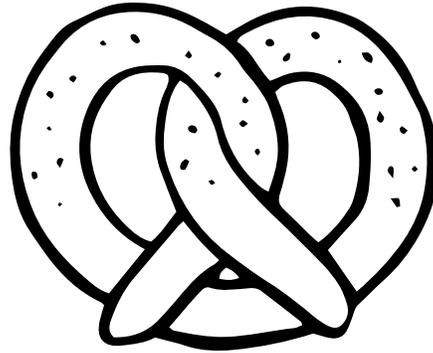
Donut

Please help your child to color the pictures the correct color and to focus on staying in the lines. Practicing staying in the lines help to work on fine motor skills.

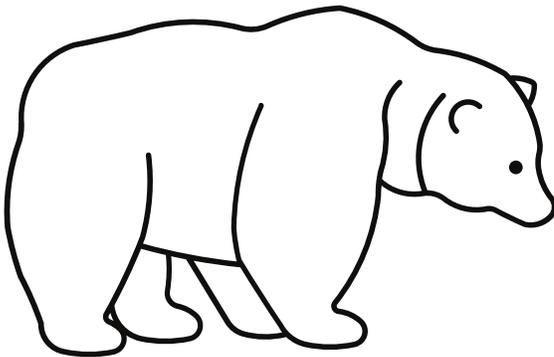
# Brown



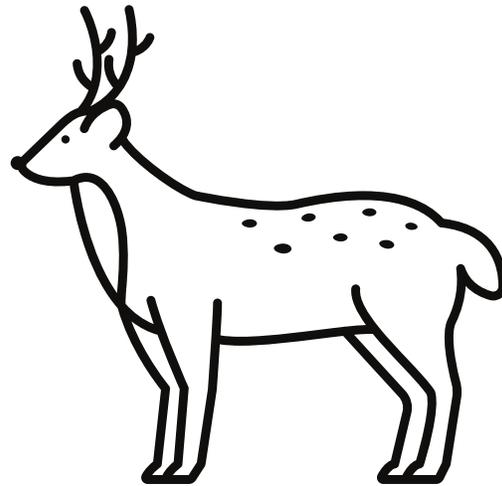
Wood



Pretzel



Bear



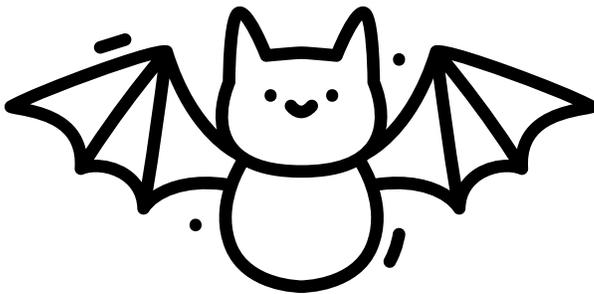
Deer



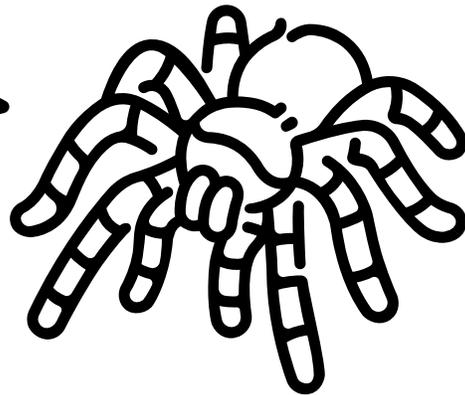
Nest

Please help your child to color the pictures the correct color and to focus on staying in the lines. Practicing staying in the lines help to work on fine motor skills.

# Black



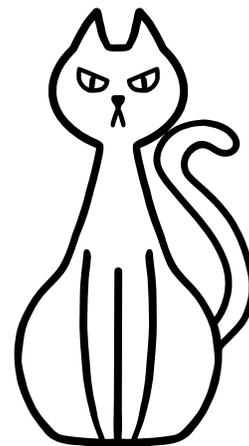
Bat



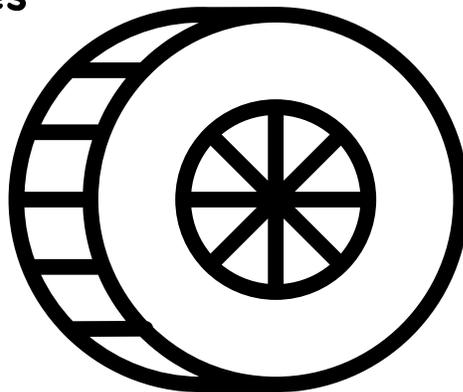
Spider



Shoes



Cat



Wheel